

# Move Your Feet Move The World 5K

Race Date

## Age Group Results

July 29, 2011

### Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Stephanie Duncan		24	11	21:33.5
2	Amanda Sanders		33	13	22:47.5
3	Uta Wendland		33	16	23:24.0

### Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Brad Clay	Birmingham	39	1	18:01.8
2	Zach Ridgway	Birmingham	24	2	18:21.3
3	Clay Jones		47	4	19:07.3

### Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Pamela Higgins		43	36	26:41.1

### Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Jeff Clark	McCalla	46	3	18:42.8

### Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	McKenzie Russell		12	47	28:04.1
2	Mary Scroggins		10	87	34:38.4
3	Jessica Hagan		13	92	35:46.9

### Male 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Christopher Tre Sanders		13	25	24:55.2
2	Job Scroggins		11	38	26:52.7
3	Colton Lunceford		10	62	30:19.7
4	Moses Scroggins		7	72	31:50.4

### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Erica Bruington		19	77	32:16.7
2	Cara Lunceford		16	108	39:29.1

### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Sam Shaw		16	24	24:50.8
2	Austin Benton		16	109	39:29.7

### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Heather Shaw		20	35	26:40.4
2	Emily Williams		21	66	30:25.0
3	Casey Nation		21	121	43:43.9

### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Ryan Bly		22	18	23:54.6
2	Taylor Daniel		22	21	24:08.5
3	Allen Young		20	43	27:22.6
4	Spencer Handley		23	44	27:42.0
5	Andrew Folmar		24	84	33:34.6
6	Andy Rice		23	115	40:47.9

### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Julia Cross		27	39	26:54.9
2	Alexis Williams		29	49	28:15.3
3	Bree Holland		28	51	28:18.3
4	Rachel Chavers		28	54	28:56.1
5	Tara Phifer		25	58	29:22.6
6	Audra McCartney		25	89	34:51.6
7	Carrie O'Neal		27	90	35:06.7
8	Melony Sandlin		25	94	35:49.7
9	Meredith Craven		28	96	35:55.1
10	Crystal Skinner		26	110	39:40.5
11	Rachel Glover		28	127	46:54.7
12	Joy Williams		27	131	48:42.2
13	Bethany Christolear		28	133	48:57.9

### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Evan Zeiger		25	6	20:04.4
2	Sheldon McCartney		27	7	20:13.2
3	Jacky Gann		29	19	23:56.2
4	Zac Blakney		25	20	24:02.5
5	Robert Mudd		28	28	25:26.0
6	Will Scroggins		27	34	26:22.6
7	Forrest Sandlin		27	67	30:30.4
8	Tyler Smith	Chelsea	26	71	31:45.6
9	Jesse Scroggins		25	73	31:50.8
10	Micah O'Neal		29	79	32:20.8
11	Josh Emerson		29	81	33:02.8
12	Craig Mangham		27	102	37:23.3

### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Heather Lebischak	Birmingham	31	32	26:10.6
2	Holly Glover		32	37	26:49.4
3	Brooke Evans		31	48	28:14.2
4	Heather Gottlieb	Wilsonville	33	53	28:48.1
5	Mandie Yarbrough		30	56	29:07.9
6	Jaime Hill		34	65	30:24.7
7	Amanda Vandegrift	Pleasant Grove	32	75	32:12.8
8	Cheryl Herceg		32	97	36:04.2
9	Jennifer Cherry	McCalla	34	99	36:18.2
10	Christina Ross		30	120	43:32.6
11	Louanne Green		33	128	47:14.4

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## Age Group Results

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### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	John Dean		31	8	20:16.2
2	David Gottlieb	Birmingham	30	9	20:29.9
3	Roger Wheaton		33	10	21:14.5
4	David LeGrand	Hoover	34	14	22:58.3
5	Michael Evans		33	26	25:03.4
6	Cory Lebeschak		31	41	27:09.4
7	Gavin Brown	Pleasant Grove	32	42	27:21.0
8	Jason Blackstock		33	55	28:57.5
9	Joe Yarbrough		31	59	29:24.9
10	Joseph Vandegrift	Pleasant Grove	32	76	32:13.3
11	Kip McCondichie	Birmingham	34	80	32:34.3

### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Marlene Silwal	Pelham	39	63	30:22.7
2	Charlene Corkren		39	132	48:57.1

### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Drew Diekerson		38	23	24:27.8
2	Steve Davis		36	27	25:13.8
3	Chris Williams		35	29	25:35.2
4	Jason Handley		37	46	27:57.9
5	Chris Matheson		35	57	29:21.4
6	Jonathan Cherry		35	60	29:34.8
7	Scott Scroggins		36	88	34:38.9
8	Steve Cater		36	91	35:14.0
9	Rickey Galloway	Pelham	38	93	35:47.6

### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Melissa Burt		40	61	29:58.6
2	Melissa Howton		41	64	30:24.3
3	Jeana Jogank		41	86	34:00.9
4	Carol Russell		43	122	44:30.3
5	Stacy Lunceford		41	130	48:40.1
6	Ann Marie Phillips		42	138	1:01:00.0
7	Lajuana Hill		40	139	1:01:00.0

### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Suman Silwal	Pelham	42	12	21:46.7
2	Todd Wilkinson	Hueytown	41	17	23:36.9
3	Shane Higgins	Chelsea	42	68	30:56.7
4	Mike McCoy		41	95	35:53.2
5	Vence Light		41	103	37:31.3
6	Bill Corkren		42	118	42:07.1
7	Steve Smith		40	119	42:30.9

### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Kendelea Smith		45	104	38:33.8
2	Carmen Yoder		48	105	38:43.6
3	Lisa McIntyre		48	113	40:35.9
4	Karen Shaw		48	114	40:36.6
5	Carlann Nation		45	116	41:23.4
6	Karen Knight		45	123	44:39.4

### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
7	Cindy Underwood		47	137	1:01:00.0

### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Mark Wood	Pleasant Grove	48	5	19:22.3
2	Ed Bauer		47	33	26:15.8
3	John Riley	Midfield	48	98	36:12.5
4	Paul Smith		45	100	36:59.3
5	Mark Yoder		49	107	38:46.2
6	Brian Spaulding		46	124	46:34.3
7	Shawn Spaulding		45	126	46:46.2

### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Debbie Williams	Bessemer	51	40	26:57.1
2	Tina Roberts		52	52	28:37.1
3	Loronda Davidson		50	82	33:22.3
4	Carolynne Blakney	Bynum	51	83	33:24.9

### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Xing Wu	Birmingham	52	22	24:23.9
2	Terry Morton		53	30	25:54.5
3	David Nall		52	31	26:07.8
4	Donald Finchum		53	45	27:54.0
5	Lawrence Hall	Tuscaloosa	52	50	28:16.6

### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Anita Kay Collins		56	101	37:22.6
2	Robbie Heaton		58	117	41:56.6
3	Teri Easterling	Hueytown	58	125	46:40.0

### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Terry White		58	69	31:15.3
2	John McKee		56	78	32:19.8
3	Pete Hill		55	85	33:40.2
4	Frank Easterling	Hueytown	58	111	40:29.4
5	Stephen Martz		57	129	48:00.5

### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Carolyn Pate		63	134	49:21.2

### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Dave Micale		63	15	23:07.2
2	Ronnie Blakney	Kimberly	61	74	31:51.6
3	Belle Watkins		61	136	50:54.6

Age Group Results

Female 65 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	Mary Marion		67	135	50:52.6

Male 65 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>O'all</u>	<u>Time</u>
1	John Forlini	Helena	69	70	31:28.6
2	Johnny Pate		66	106	38:45.8
3	Bill Stewart	Tuscaloosa	71	112	40:30.7